



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2018

### Sporting Excellence in Karate

#### National Level

## Jack Westgarth

This is to certify that Jack Westgarth has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Jack competed at National Championships throughout England in 2018 winning the medals and titles listed below:-

### Championship Success - 2 Silver 5 Bronze

#### Yorkshire Open Championships - 11<sup>th</sup> February, Barnsley

Bronze - Team Kumite

#### Hull & East Riding Junior Championships - 10<sup>th</sup> June, Bilton

Silver - Individual Kumite

Silver - Individual Kata

#### Shindo Kai Championships - 18<sup>th</sup> November, Barnsley

Bronze - Individual Kumite

Bronze - Team Kumite

Bronze - Team Kata

Bronze - Pairs Kata

Congratulations on your sporting achievements throughout 2018. Well done Jack.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy



British  
Karate  
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.